

<p style="text-align: center;">POLICY OF</p> <p style="text-align: center;">STATE OF DELAWARE</p> <p style="text-align: center;">DEPARTMENT OF CORRECTION</p>	<p style="text-align: center;">POLICY NUMBER</p> <p style="text-align: center;">14.7</p>	<p style="text-align: center;">PAGE NUMBER</p> <p style="text-align: center;">1 of 1</p>
<p>CHAPTER: 14</p>	<p>RELATED STANDARDS: ACA: Section C , 4-4313, 4-4316, 4-321, NCCHC: Section –P-4-02</p>	
<p>APPROVED BY THE COMMISSIONER:  5/18/15</p>		
<p>EFFECTIVE DATE:</p>		

- I. AUTHORITY: 29 Del. C. 89 § 8903 (4)(5)(7); Nutrition Guidelines (Child Nutrition and WIC Reauthorization Act of 2004)
- II. PURPOSE: To establish policy and procedures for the Food Services (FS) unit regarding those Department offenders in the National School Lunch Program.
- III. APPLICABILITY: All participating Department offenders.
- IV. POLICY: To provide a program that employs well-trained offender workers and FS unit employees who efficiently prepare and serve nutritious food.
- V. PROCEDURES: The FS unit and the staff dietitian shall prepare, adopt and implement a plan to encourage healthy eating habits that include nutrition education and physical activity. Offenders with nutrition related health problems will be referred to appropriate medical services for counseling and/or treatment.

The objective is to promote offender health and reduce obesity. This objective is reached by providing a regular menu that follows heart healthy guidelines. Nutrition concepts will be reinforced by all FS unit and medical staff and integrated into various subject areas. Security classification will dictate an offender's opportunity for physical activity including, but not limited to, gym, yard, and sports recreation.

