



STATE OF DELAWARE
DEPARTMENT OF CORRECTION
OFFICE OF MEDIA RELATIONS

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‘Reflections’ DUI Program at SCI Holds First Recognition Ceremony

Sussex Correctional Institution’s (SCI) new DUI program, “Reflections,” developed by Connections Inc., has identified eight offenders as meeting the requirements and achieving the highest recognition of program participation. These individuals will be acknowledged during a Sept. 25 ceremony at the prison.

The Reflections program is a combination of treatment and psycho-education. The materials that support the program are derived from various sources, including “Driving with Care” and “Seeking Safety.”

“Driving with Care” incorporates education, talk therapy and worksheets into treatment. “Seeking Safety” is trauma-informed care that helps individuals understand the correlation between trauma and substance use. The foundation for incorporating these sources is based from cognitive behavioral therapy as well as motivational interviewing.

Reflections staff has received extensive training through Connections to appropriately incorporate these new philosophies into active treatment.

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